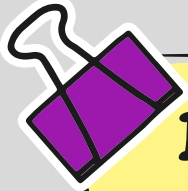


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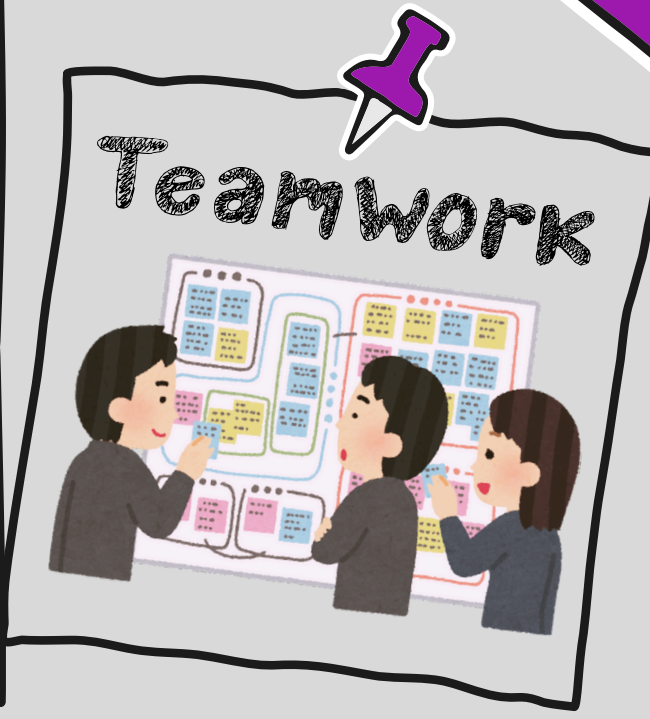
UW TACOMA'S FIRST GEN FAMILY FORUM



Importance of **SOFT SKILLS**

Soft skills are essential interpersonal abilities that help individuals succeed in both school and the workplace. They include **clear communication, following directions, teamwork,** and problem-solving. These skills are critical for youth to thrive in all aspects of life. Many employers today have noted that recent graduates often lack strong soft skills. This newsletter will focus on developing one soft skill each month to help your child improve in these important areas.

source: <https://bit.ly/3AvOhGC>



FAMILY TEAMWORK TIME

Plan a meal together

Be sure to emphasize the different roles everyone must play in order to have a successful meal.

meal planning, shopping, cooking, serving, cleaning up after the meal.



When the meal is completed set aside some time to discuss what went well and what could be improved for next time.



How can you teach teamwork at home?

Play games – Games like scavenger hunts, obstacle courses, and relay races can help children learn teamwork, cooperation, and social skills.



Example: **'Listen Up'**

Make an obstacle course in your space, and partners take turns guiding their blindfolded partner through the course. The trick is that the person without the blindfold has to guide the blindfolded partner using verbal cues only.

TEAM ♥ UP!

“Individual commitment to a group effort - that is what makes a team work, a company work, a society work, a civilization work.” Vince Lombardi Legendary NFL Coach



FIRST GEN STUDENT SPOTLIGHT

First-generation college students are the students who identify as first in their family to graduate from college, meaning that neither parent nor guardian has completed a college degree. UW Tacoma takes pride in serving students who are the first in the family to attend college. Read about the diverse experiences and strengths they bring to our learning community. Get advice about what it takes to achieve dreams!

"This degree is the culmination of not only the work I have done but of those who have continued to cheer and guide me along the way."

TEAMWORK MAKES THE DREAM WORK!



Briann S.

- Senior
- Biomedical Sciences
- Senior Pack Advisor
- First Gen Ambassador
- Pacific Islander Student Alliance Member



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