

# Student Newsletter



AAPI THRIVE ORIENTATION

## Welcome to UW Tacoma! By: AJ Pioquinto

Welcome to Week Three! The first few weeks are always exciting, as there is always a new adventure around the corner. It's a time for exploring interests, finding out who you are, and really learning about the UW Tacoma community. I hope that you all have been having a great start to the school year, whether that's through your classes, finding a student organization to be in, or meeting a few new friends. Tuition is due this Friday, October 11th, so if you haven't paid already or need any financial help, please get in touch with the Office of Student Financial Aid and Scholarships as soon as possible. As a reminder, Peer Success Mentors/Wayfinders are always here to help at any time, so if you have any questions about navigating resources, feel free to ask away!

## October is Filipino-American History Month!

In October of 1992, Filipino-American History Month (FAHM) was celebrated and introduced by the Filipino-American National Historical Society (FANHS), with the United States Congress formally recognizing and announcing October as FAHM in 2009 (FANHS, n.d.). Recently on October 1st, Filipinos from all over Tacoma came to Tacoma City Hall to accept an official proclamation of FAHM from Mayor Woodards! This FAHM, be sure to support local Filipino businesses, learn, celebrate, and share the histories of Filipino Americans.

FANHS. (n.d.). *About Filipino American history month.* FANHS. <http://fanhs-national.org/filam/about/>

## What's happening this week?



- MONDAY: Textbook Swap (8:00-5:00 TLB)
- TUESDAY: Take Care Tuesday (10:00-2:00 MAT 107)
- WEDNESDAY: BIPOC Welcome Reception (11:00-2:00 in CEI) & Washington Wednesday (12:30-1:30 Prarie Line Trail)
- THURSDAY: LGBTQIA Welcome Reception (11:00-2:00) & Financial Fears Workshop (12:30-1:30 MAT 214)
- FRIDAY: Day of Caring (12:00-5:00 MLG 110)

## RSO Spotlight!

Filipino-American Student Association (FASA)

## Campus Resources

- Teaching and Learning Center (TLC): Tutoring, Peer Success Mentors Wayfinders and Writing Consultants
- Disability Learning Services (DRS): Campus disability accommodations
- Psychological and Wellness Services (PAWS): FREE private and group therapy sessions
- The Pantry: Run by CEI, provides FREE groceries
- The Cupboard: FREE meals
- Student Affairs: Student services for academic support and resources

# Meet the Peer Success Mentor / Wayfinders!

## Mentor highlight: Ambre

My name is Ambre (pronounced like Amber), and I am a Senior Biomedical Sciences major. I am in the LGBTQIA+ community and am an immigrant turned citizen. I've been to three colleges, but UWT has quickly become my favorite, the small campus with the perks of a larger university. In my free time, I like to spend time with friends and family, go outside for picnics or hikes, travel and discover new cultures, paint, read, play some video games (mainly Minecraft) or anything that brings me joy.

## RSO Spotlight: FASA sa UWT

The Filipino American Student Association (FASA) was founded in September of 2012, and is one of the longest-standing Asian cultural organizations on campus! Dedicated to educating, sharing, and celebrating Filipino/Filipino-American culture, they hold meetings for all students bi-weekly from 12:30-1:30 in JOY 113 on Wednesdays!

Be on the lookout for fun events happening later this quarter!

### Ambre Fontana

Biomedical Sciences  
Senior



### Jalina Sison

Education  
Sophomore



### Jannat Musawi

Social Welfare and Psychology  
Junior



### Gabbie Quintinita

Ethnic Gender & Labor Studies  
Junior



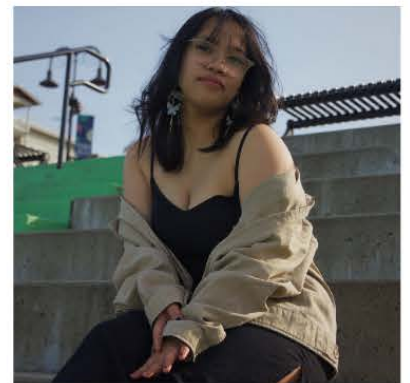
### Haina Mataese

Education  
Junior



### AJ Pioquinto

Psychology  
Senior





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Teaching and Learning Center

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