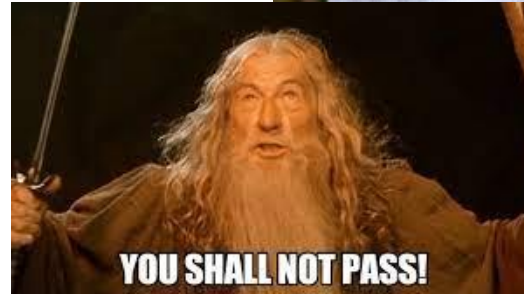




Husky Health Coalition

Madie Brown, MS

- > Health Promotion Specialist
- > Confidential Sexual Violence Advocate
- > Research background in basic needs insecurities
- > Professional experience in
 - Evidence-based health promotion
 - High risk behavior prevention
 - Harm reduction



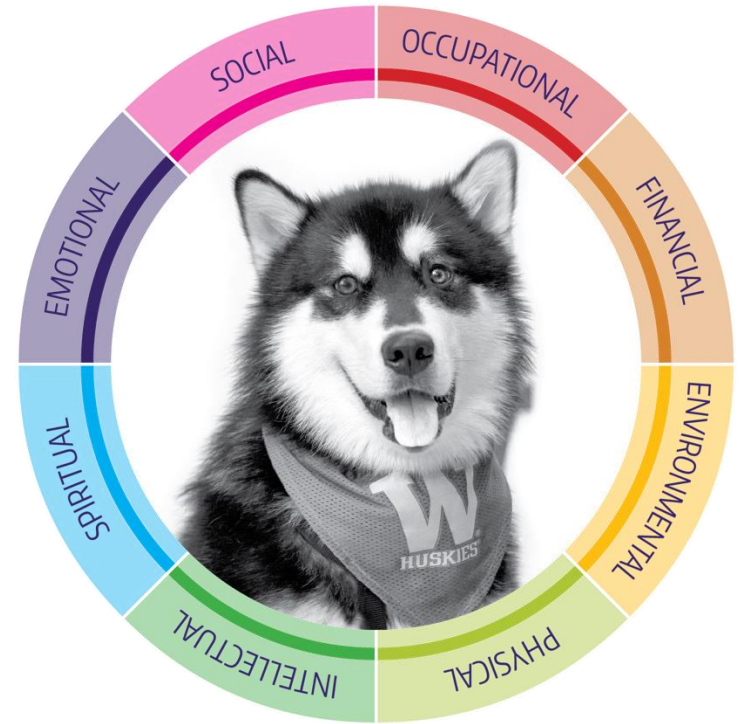
Holly Wetzel

- > 2x ASUWT Student Body President
- > Recipient of Husky 100 & Chancellor's Student Civic Leadership Award
- > Outside of UW Tacoma, work for the MultiCare Foundation
 - Post graduation, intend to continue working in the nonprofit sector in a leadership capacity to advocate and create change surrounding healthcare and basic needs access



Husky Health Coalition

- > Enhancing holistic student health and well-being by promoting healthy choices and behaviors through collaboration, evidence-based initiatives, and harm reduction.
- > Work together to
 - Broaden communication channels
 - Un-silo information
 - Foster intentional collaborations
 - Avoid duplicating efforts campus-wide



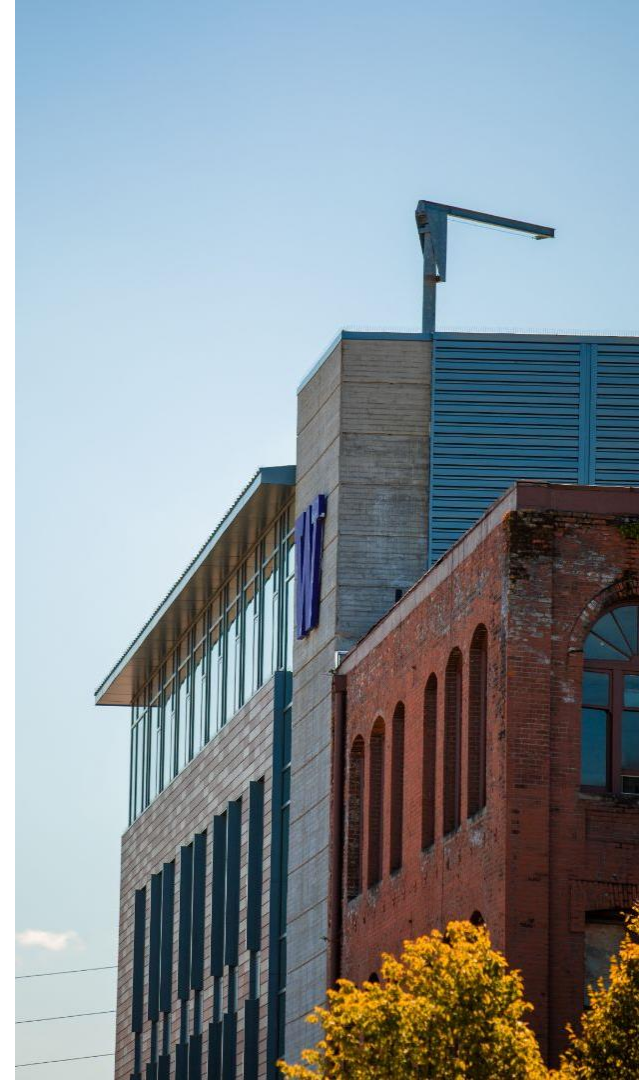
Husky Health Coalition

Goal: Establish UW Tacoma as a well-being focused campus.

Objectives:

1. Integrate well-being into the student experience.
2. Engage campus partners in collaborative health promotion efforts.
3. Increase opportunities for information sharing.

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2023-24 Accomplishments

- > Defined well-being
- > Applied ACHA models for implementing a college health program at UW Tacoma
 - Healthy Campus Framework
 - Framework for a Comprehensive College Health Program
- > Three working groups focused consistent efforts in topic areas
- > Hosted two healthcare leadership interns

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2023-24

Accomplishments, cont.

- > Conducted a SWOT analysis of UWT's college health program
- > Used SWOT, NCHA, and ASUWT survey data to make informed decisions on next steps following ACHA models
- > Integration of Hendrix Wellness Wheel into ASUWT programs
- > Increased visibility and access to health programs on campus

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Working Group Outcomes

- > Mental Health
 - Intern tested messages and themes from the Huskies4Huskies (H4H) mental health promotion campaign. Feedback was minimal and more goodness of fit testing is needed.
- > AOD
 - Intern conducted research into evidence-based cannabis harm reduction tools and provided recommendations for next steps.
- > Basic Needs
 - Environmental Scan of campus resources and services of childcare support, and transportation, housing, financial, and food insecurity is compiled and provides recommendations for next steps.



Student Health SWOT Feedback

- > Strengths
 - Spectrum of free, quality, confidential healthcare services
 - Rooted in evidence and DEI
 - Qualified and trained professionals
- > Weaknesses
 - Lack of student and employee awareness of campus health resources
 - No on-campus health clinic, psychiatry services
 - Campus as a whole lacks a referral mindset
- > Opportunities
 - Continue assessing student well-being and experience
 - NASPA CPHE program
 - Incentivized or mandatory faculty training



This Academic Year

- > Our goal and objectives will remain the same
- > Focus on applying SWOT feedback to objectives
- > Two working groups will focus efforts on students and employees
 - Design Sprint
 - Faculty engagement



Design Sprint



- > Centers student experiences to improve their awareness and utilization of health resources on campus.
- > Seeks to answer the question: How might we improve utilization of health resources for UW Tacoma students to create better health outcomes?
- > Conduct empathy interviews, affinity mapping, ideation, prototyping
- > Begin pilot program in January 2025
- > Need involvement from HHC members

Faculty Engagement



- > Establish a campus-wide referral mindset or culture
- > Recognizes faculty play a role in supporting student well-being
- > Assess for faculty needs to increase awareness of campus resources and referral skills, establish a spectrum
- > Develop a comprehensive, skills-based training or support strategy to increase faculty ability and confidence in referring students to campus resources in real-time
- > Advocate for program utilization

2024-2025



Objectives:

1. Incorporate well-being into the student experience.
 - a) Design sprint data and pilot program
2. Engage campus partners in collaborative health promotion efforts.
 - a) Design Sprint empathy interviews and pilot
 - b) Faculty engagement listening sessions, curriculum building
3. Increase opportunities for information sharing.
 - a) Faculty training program
 - b) HHC meetings



What do you wish you knew about the student experience as it relates to health and well-being?

Meeting Schedule

- > HHC meets on the second Thursday of every other month from 10-11am via Zoom
- > Working Group meeting schedules are dependent up on their activities
- > Upcoming meetings:
 - Husky Health Coalition: **December 5th, 10-11am**
 - Design sprint working group: **October 22, 10am-12pm**
 - Faculty engagement working group: **October 24, 11am-12pm**
- > **Sign up for a working group by Friday, October 18**

Announcements

- > **ASUWT surveys**
 - These are open NOW and close on November 30th
 - Can bring flyers around to departments today if people are willing to share
- > Encourage students to register for Student Health services with TimelyCare (single sign on)
- > Alcohol and cannabis e-check up to go screenings & personalized feedback
- > Around the room

