

Husky Health Coalition Meeting Minutes

Monday, February 5th, 2024

10:00am-11:00am

WCG 322

Members in attendance:

Madie Brown

Holly Wetzel

DJ Crisostomo

Chris Barrans

Stephon Harris

Conor Leary

Janelle Hawes

Erin Cousins

Gen Conley

Susan Wagshul-Golden

Dalia Susana

Amanda Enlow

Minutes

Review: ACHA Framework for a Comprehensive College Health Program

- Dalia raised concerns regarding the wording on one of the competencies, “Experienced Leadership”, in that “Experienced Leadership” should not be based off of credentials or title alone.
 - Susan contributed that the broader conversation needs to redefine leadership; “servant leadership”, “community leadership”, etc.
 - Hearing concerns from the coalition, Madie elected to change the phrasing from “Experienced Leadership” to just “Leadership” which is to be redefined by the coalition at a later date.

Review: Overview of ACHA Healthy Campus Framework

- Infrastructure - Establish a comprehensive college health program.
- Cornerstone - A comprehensive program is in progress or established, assessment and evaluation are focused on program enhancement and prevention.
- Community - Endorses qualified leadership, and efforts are mobilized around campus-specific health issues (JED Campus model/sexual violence/high-risk drinking).
- Culture - All levels of the socioecological model and the campus’ built environment are addressed through collaboration, sustained initiatives, and broadening target audience to employees.
- Madie places UWT in Cornerstone.

Conducting SWOT:

- Madie reviewed the concepts of a SWOT analysis and delivered instructions to the group.
- In discussion, Susan challenged the phrasing “on campus” in regards to the components of a UWT comprehensive college health program as not accurate as some of our resources are provided by Seattle, not exclusively Tacoma. Language around scope of program was clarified.

SWOT results:

Strengths

- Free healthcare services:
 - Mental, Psychiatric, physical, prescriptions (some limitations)
 - Ancillary services (PAWS, TimelyCare)
 - After hours services (TELUS, TalkNow through TimelyCare)
 - Confidential victim's advocacy
 - Harm reduction supplies (emergency contraception, safer sex, NARCAN)
 - Prevention: evidence-based health education
- Qualified/trained people:
 - (1) MS level health promotion specialist, trained in social marketing
 - (1) trauma-informed confidential advocate
 - Pack Advisors trained in NASPA CPE (a best practice training)
 - 24/7 campus safety
 - CARES team
 - Case managers in OSAS
 - Licensed, trauma-informed and antiracist Psychologists at PAWS
- Structure/environment:
 - Well-being integrated into the Student Affairs Strategic Plan goal 1.2: Enhance infrastructure and resources that promote holistic well-being of all students.
 - Well-being integrated into UWT Charting Our Course Strategic Plan goal 2: Enhance student well-being.
 - Same-day appointment model for beginning services at PAWS (reduces and eliminates a wait list)
- Flu clinics every autumn
- Having NCHA data, CCAPS, ASUWT surveys
- Student Health @ New Student Orientation
- UWT qualities: grit, resiliency, innovation
- Fully staffed at PAWS
- KOZ Partnership increases affordable housing access
- Nourish Food Truck on campus each week, the Food Cupboard for on-demand meals
- Walking distance to community services
- UWT consistently in compliance with tri-campus immunization requirement

Weaknesses

- Campus-wide lack of:
 - Student and employee awareness of health services, resources, and professionals
 - A culture of information sharing and referrals
 - Affordable on-campus parking (barrier to accessing health services such as PAWS)
 - Macro, UWT-specific employee training in Student Affairs resources/services for students
 - Sustainably affordable food within walking distance around campus
 - Standardized employee onboarding – onboarding is specific to the job and varies by hiring manager
 - Transparency of and barriers to accessing tri-campus resources (e.g., Safe Campus is not confidential)

- Culture of data and assessment; efforts could be more data-driven
- Structure/environment:
 - No on-campus healthcare clinic
 - No on-campus dining hall
 - PAWS sharing space w/ DRS testing challenges confidentiality compliance
 - DawgHouse is limited to business hours only – barrier to sticky campus
 - All of the large majority of all health services, including salaries and programmatic budgets, are funded by student fees (unstable funding)
- Unintentional silo-ing

Opportunities

- Health Promotion Specialist to implement NASPA Certified Peer Health education program (a best practice)
- Husky Health Coalition and working groups are addressing campus health concerns
- PAWS is in the process of APA Accreditation
- PAWS services expanding to the point of needing a second front desk coordinator
- Service data shows the need for a dedicated, 1.0 FTE confidential Advocate
- Restructure The Pantry into Student Affairs, integrate the Food Cupboard
- A dedicated Student Union Building
- Faculty mentoring groups + faculty assembly (for health resources training)
- Strengthen cross-campus collaborations
- Integrate HuskiesCare into more UWT webpages
- A web or system-based referral process to streamline student access to campus resources
- Data-driven decisions and program evaluations
- Increase partnerships with local businesses

Threats

- Lack of shared governance at UWT contributes to silo-ing
- Low retention/enrollment = lower student fee-based funded health services
- Low affordable housing, parking around campus: barrier to accessing health services
- Crime around campus results in students feeling afraid to be or park on/around campus (NCHA, 2023)
- UWT is located in a food desert
- Little to no control over external influences: UW Seattle, state legislature decisions impact UWT
- Leadership perceived to be out of touch of meeting today's student health needs
- Higher Education is approaching enrollment cliff, which impacts student fee-based health services
- Current budget crisis
- UWT is not a tobacco- and nicotine-free campus, which is not in line with ACHA best practices

At the March Husky Health Coalition meeting the group will continue to discuss the SWOT results. The Coalition will identify 1-3 SWOT weaknesses to focus efforts on moving forward in ways that all members can contribute to within their respective roles on campus. The group will consider timelines and measurable objectives for each area of focus.

Working group updates:

- The Mental Health group has reviewed relevant NCHA data in depth, and has begun compiling messages for a mental health campaign to begin autumn 2024.
- The Basic Needs group has reviewed relevant NCHA data in depth in addition to an introduction to an environmental scan. Members are collecting data and information for the scan.
- The Alcohol and Other Drugs (AOD) group is postponed until the start of spring quarter.