Prevention of Dental Caries in Children

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Abstract

Dental caries is the damage to the teeth caused by bacteria living in our mouth. Symptoms of Dental Caries include tooth ache, sensitivity, sharp pain in the teeth, visible holes or pits, and brown or black stains on the teeth. In Children, it can be prevented by frequent brushing with fluoride toothpaste, well-balanced diet, and by regular dental cleanings and exams. It can be treated by Fluoride treatment, fillings, crowns, root canal and Tooth extraction.