

TCORE 113B: The Good, The True, and The Beautiful

Instructor: jeff cohen, ph.d.

Class Meeting Times: Tuesdays & Thursdays, 10:20a-12:25p

Class Meeting Location: Cherry Parks 324

How to contact me: By email – jwcohen2@uw.edu

Office Hours: I do not hold regular office hours, but am available to meet with you by appointment. Please do not hesitate to contact me to schedule a meeting. You are also welcome to stop by my office (WCG233) at any time. If I am available, I will meet with you. I also spend quite a bit of time at The Metro coffee shop on campus. Feel free to come see me there as well.

Course Description: In this course we will explore grand questions regarding the relationship between science and spirituality. We will explore what we know, how we know it, and what it means for our ability to live fully, in the present. Come see how our interior and exterior lives speak to one another in ways that open space for greater compassion and understanding and a deeper sense of who we are.

Core: The Core program consists of a coordinated series of courses that represent the various disciplines in the university. This course, along with the others in your cohort, fulfills one of the university's general education requirements in each of the areas of knowledge plus composition. The courses are designed to both support and challenge you to develop the critical thinking, writing, research, and analytical skills you'll need at UWT while introducing you to relevant topics in the social sciences, humanities, and sciences.

Learning Objectives

Students who successfully complete this course will be able to:

1. Make meaningful connections among assignments and readings in order to develop a sense of the big picture;
2. Express ideas clearly in writing and speaking in order to synthesize and evaluate information before presenting it;
3. Understand events and processes as 'disciplinarily' situated;
4. Understand what social science is and be able to differentiate between disciplines;
5. Develop a familiarity with social science research methods;
6. Learn to view the world and interactions through the lenses of individuals, groups, and societies;
7. Demonstrate awareness of social and cultural norms and values beyond their own by critically and ethically engaging the larger social world;
8. Demonstrate the ability to recognize and expand the relationship between their areas of concern and areas of influence.

Required Texts and Materials

There are no required texts for this course. All readings and other materials are provided on the course Canvas site.

Grading: Your final grade will be based on the following scale:

4.0 ≥ 95%	3.0 = 85%	2.0 = 75%	1.0 = 65%
3.9 = 94%	2.9 = 84%	1.9 = 74%	0.9 = 64%
3.8 = 93%	2.8 = 83%	1.8 = 73%	0.8 = 63%
3.7 = 92%	2.7 = 82%	1.7 = 72%	0.7 = 60-62%
3.6 = 91%	2.6 = 81%	1.6 = 71%	0.0 < 60%
3.5 = 90%	2.5 = 80%	1.5 = 70%	
3.4 = 89%	2.4 = 79%	1.4 = 69%	
3.3 = 88%	2.3 = 78%	1.3 = 68%	
3.2 = 87%	2.2 = 77%	1.2 = 67%	
3.1 = 86%	2.1 = 76%	1.1 = 66%	

Course Components: Your grade in this course will be based on the following three weighted components:

Component	% of Final Grade
Lesson Assignments	20%
Integral Workshop	50%
AQAL Learning Assessment	30%

Lesson Assignments: There are six lesson assignments throughout the course. Each lesson assignment is available on the course Canvas site. Each lesson assignment asks you to apply concepts from the corresponding lesson materials to your own life. Each lesson assignment requires you to practice concise writing. You will either earn full credit (100%) or no credit (0%) for each assignment. In order to earn full credit, you must follow all instructions for the assignment and submit it in class and on time. Failure to do any of these will result in no credit for the assignment-NO EXCEPTIONS. If you submit your assignment in class and on time and it complies with all instructions but does not reflect sufficient depth or application, you will be given an opportunity to revise and resubmit the assignment based on my feedback. If you decide not to revise and resubmit, or if your revised assignment still does not reflect sufficient depth or critical thinking, you will earn half credit (50%).

Integral Workshop: During the second week of the quarter students will be placed into groups. Each group will choose a pressing issue they feel passionate about. During the last several weeks of the course, each group will conduct an Integral Workshop regarding their chosen issue. Instructions and grading criteria for the Integral Workshop will be provided on the course Canvas site and discussed in class.

AQAL Learning Assessment: On the last day of class each student will submit an AQAL Learning Assessment. This paper requires you to reflect on your learning experiences in this and other courses you have taken. Instructions and grading criteria for the AQAL Learning Assessment will be provided on the course Canvas site and discussed in class.

Extra Credit Opportunity: If you are interested in earning “extra credit,” set up an appointment with me no later than Thursday, January 16th.

Course Schedule

Week	Dates	What We Will Be Doing	What is Due
1	Tuesday 1.7	Introduction to course	
	Thursday 1.9	Foundational Concepts	
2	Tuesday 1.14	Lesson 1 – Quadrants	
	Thursday 1.16	Lesson 1 – Quadrants	Lesson 1 Assignment
3	Tuesday 1.21	Lesson 2 – Lines	
	Thursday 1.23	Lesson 2 – Lines	Lesson 2 Assignment
4	Tuesday 1.28	Lesson 3 – Levels	
	Thursday 1.30	Lesson 3 – Levels	Lesson 3 Assignment
5	Tuesday 2.4	Lesson 4 – States	Lesson 4 Assignment
	Thursday 2.6	Lesson 5 – Types	Lesson 5 Assignment
6	Tuesday 2.11	Lesson 6 – Putting it All Together	Lesson 6 Assignment
	Thursday 2.13	Group Work on Lesson Plan	
7	Tuesday 2.18	NO CLASS MEETING	
	Thursday 2.20	NO CLASS MEETING	Lesson Plan due by 11:59pm – Sent via Canvas Site
8	Tuesday 2.25	Workshop 1	
	Thursday 2.27	Workshop 2	
9	Tuesday 3.4	Workshop 3	
	Thursday 3.6	Workshop 4	
10	Tuesday 3.11	Workshop 5	
	Thursday 3.13	Closing Activities and Reflections	AQAL Learning Assessment
11	Thursday 3.20	There is no Final Exam in this course. Our course ends on Thursday, March 13.	

Course Policies

Electronic Devices: Electronic devices (including, but not limited to, cell phones, pagers, and personal digital assistants) are prohibited during class meeting times. This means that your cell phones must be **turned off** during our meeting times. If there are instances in which you must be reachable (e.g., a family issue), you must let me know before the beginning of class, keep your phone on vibrate, and leave the class prior to taking your phone out of your pocket. The first time a student violates this policy, they will be removed from class. Each additional violation will result in a .1 grade point deduction from a student’s final grade.

Laptop computers are permissible for course-related activities only. This includes note-taking and assigned activities. Students who use laptops for non course-related activities (e.g., email, playing games, Facebooking, Twittering, surfing, etc.) will lose the privilege of laptop use for the remainder of the quarter.

Academic Standards/Plagiarism: All student work must be free of plagiarism. Plagiarism is defined in the University catalog and in the Student Handbook. Consult your professor if you have any questions.

A major part of your experience in the class will be reading, synthesizing, and using the knowledge and ideas of others. It is the responsibility of the faculty to help you in this process and to be certain you learn to credit the work of others upon which you draw. To plagiarize is to appropriate and to pass off, as one's own ideas, writing or works of another. Plagiarism is no less of a misconduct violation than vandalism or assault. Ignorance of proper documentation procedures is the usual cause of plagiarism. This ignorance does not excuse the act. Students are responsible for learning how and when to document and attribute resources used in preparing a written or oral presentation.

For more information, please refer to the "Student Academic Responsibility" document prepared by the Committee on Academic Conduct in the College of Arts and Sciences, UW Seattle: <http://depts.washington.edu/grading/pdf/AcademicResponsibility.pdf>

E-mail Policy: http://www.tacoma.washington.edu/policies_procedures/E-mail_Policy.pdf

University Resources

Teaching and Learning Center (<http://www.tacoma.washington.edu/tlc/>): The TLC provides a wide variety of instructional resources and support for teaching and learning at UW Tacoma. Teaching and learning are ongoing processes that take practice, commitment, and time. The TLC is here to assist you in achieving your goals and provide math/quantitative, writing, science, and other tutoring services.

Library (<http://www.tacoma.washington.edu/library/>): The UWT Library provides resources and services to support students at all levels of expertise. We guide students through the research process, helping them learn how to develop effective research strategies and find and evaluate appropriate resources. For more information about the Library and its services, see:

Student Health Services: Student Health Services (SHS) is committed to providing compassionate, convenient, and affordable health care for University of Washington Tacoma students, from care for illness and minor injury to women's health and preventative medicine, including vaccination services. Insurance is not required. Funded by UW Tacoma student fees, office visits are provided free of charge. Treatment plans may incur costs, such as medications, labs, or vaccines, most of which are offered at discounted rates. For more information, please visit www.tacoma.uw.edu/shs or email at uwts@uw.edu. If you have questions or would like to schedule an appointment, please call (253) 692-5811 or stop by SHS at the Laborer's Hall on Market Street.

Counseling Center (Student Success)

(http://www.tacoma.washington.edu/studentaffairs/SHW/scc_about.cfm/): The Counseling Center offers short-term, problem-focused counseling to UW Tacoma students who may feel overwhelmed by the responsibilities of college, work, family, and relationships. Counselors are available to help students cope with stresses and personal issues that may interfere with their ability to perform in school. The service is provided confidentially and without additional charge to currently enrolled undergraduate and graduate students. To schedule an appointment, please call 692-4522 or stop by the Student Counseling Center (SCC), located in MAT 354.

Disability Support Services (Student Success)

(http://www.tacoma.washington.edu/studentaffairs/SHW/dss_about.cfm/): The University of Washington Tacoma is committed to making physical facilities and instructional programs accessible to students with disabilities. Disability Support Services (DSS) functions as the focal point for coordination of services for students with disabilities. In compliance with Title II of the Americans with Disabilities Act, any enrolled student at UW Tacoma who has an appropriately documented physical, emotional, or mental disability that "substantially limits one or more major life activities [including walking, seeing, hearing, speaking, breathing, learning and working]," is eligible for services from DSS. If you are wondering if you may be eligible for accommodations on our campus, please contact the DSS reception desk at 692-4522.

University Polices Regarding Safety

Campus Safety Information: <http://www.tacoma.uw.edu/administrative-services/campus-safety>

Safety Escort Program: For your safety, UW Tacoma encourages students, faculty, staff and visitors to use the Safety Escort Program. Campus Safety Officers are available to walk you to your car or other campus destinations during the following hours: Monday - Thursday — 6 a.m. to 11 p.m.; Friday — 6 a.m. to 10 p.m. The service is free of charge. During busy periods, the Campus Safety Officer may ask you to meet in a common location as to facilitate escorting multiple people. Dial 253-692-4416 to request a Safety Escort.

In case of a fire alarm: Take your valuables and leave the building. Plan to return to class once the alarm has stopped. Do not return until you have received an all clear from somebody "official," the web or email.

In case of an earthquake: DROP, COVER, and HOLD. Once the shaking stops, take your valuables and leave the building. Do not plan to return for the rest of the day. Do not return to the building until you have received an all clear from somebody "official," the web, or email.

Inclement Weather: Call (253) 383-INFO to determine whether campus operations have been suspended. If not, but driving conditions remain problematic, call the professor's office number. This number should provide information on whether a particular class will be held or not, and/or the status of pending assignments. If the first two numbers have been contacted and the student is still unable to determine whether a class will be held, or the student has a part-time instructor who does not have an office phone or contact number, call the program office number for updated information.